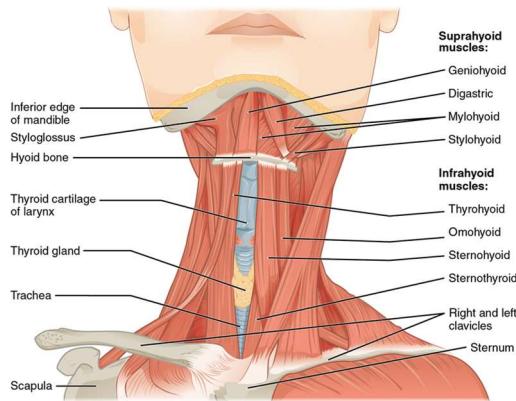


**Surgeon - Dr. Manoj Kumar**

**Date of Procedure** \_\_\_\_\_

## Excision of Neck Mass

You have been scheduled for an Excision Biopsy of a mass present in your neck. This operation will either remove the mass or a sample of lymph nodes present in your neck to determine its cause. The operation may take up to 2 hours depending on its complexity. The procedure is generally performed under general anesthesia. You will awaken in the Recovery Room and should be able to go home after 1-2 hours.



### What should I expect after surgery:

#### Bandage / Dressing:

You may be discharged from the Surgical Center with a bandage dressing over the incision area. This serves as a protective barrier from contaminants in the environment as well as a pressure dressing and may be removed 48 hours or more following the surgery. The incision may be exposed to the air and cleansed with water. It should be covered if entering a working or playing environment.

In rare cases a drain is placed in the wound that allows for collection of fluid of the incision site. If you are discharged with a drain in place you will have additional care instruction and you will have to return to the office for removal.

#### Diet:

Although you may resume your normal diet, we recommend starting it slowly and progressing as tolerated. Many patients feel nausea after eating or drinking anything with dairy after having General Anesthesia.

#### Activity:

Time off work/school is determined by the size and area of the Neck Mass being removed - usually 3-5 days off is necessary. Strenuous activity should be avoided for 1 week after surgery.

No lifting anything greater than 20lbs for the 1<sup>st</sup> week. Sleep with your head elevated. Don't extend the neck. No swimming for 2-3 weeks.

#### Pain:

Pain may be managed by Ice packs, medications like Tylenol and Ibuprofen and the prescription medication prescribed by your surgeon.

### **Possible complications:**

- ⑩ NAUSEA AND VOMITING: Some patients may experience nausea and/or vomiting from anesthesia during the first 24-36 hours following surgery. Contact your surgeon as directed if nausea or vomiting is experienced for more than 24 hours.
- ⑩ FEVER: A low-grade fever (99-101 degrees) for several days following surgery is normal. If the temperature is higher than 102 degrees, please notify the office.
- ⑩ INFECTION: Infection is not common, but does occur. Symptoms such as fever, chills, redness, or discharge around the wound, or progressive pain occurring 3 to 4 days after surgery are suggestive of infection.
- ⑩ BLEEDING: Normally blood loss from this operation is minimal. However, with the large vessels present in the neck, the potential of major blood loss is possible. It would be extremely rare to require a blood transfusion.
- ⑩ NERVE INJURY: There are many nerves in the neck region that provide sensation, and it is not uncommon to have some numbness following surgery. The majority of this usually resolves during the next year. If one of these nerves is injured there could be prolonged or permanent weakness of the muscles in the neck or facial region.

There is a risk of complications as with any surgery. The majority of operations are uneventful. Please notify the Surgical Center with any post-operative questions or concerns you may have at 607-662-4521 or contact Dr. Kumar at CNY Medical Professionals at 607-753-6560.

*Thank you for allowing us to care for you at the Cortland Surgical Center*

*if you have any questions please contact us at (607) 662 - 4521*